



Class Descriptions and Dress Code Information

ClubHouse Academy observes a dance dress code. A uniform dress code helps keep distractions to a minimum, instills discipline, and keeps everyone looking and feeling professional. Our Ballet students will have a class color based on their level, but a black leotard is always acceptable attire. **Tights must always be worn for ballet classes.** For other dance styles, students are expected to wear appropriate dance attire, including dance shoes, with hair off of the face and no distracting large bows or hair pieces.

Preschool Dance

Introduction to the world of dance, through child friendly music, rhythm, creative movement, and simple dance moves focusing on ballet. This class is designed to enhance the creative ability, attention span, physical coordination, and musicality in the young beginner while fostering a love and appreciation for the art of dance. Pre-dance students begin to learn basic ballet vocabulary, cooperation, classroom etiquette and memorization. In Level B, barre work is introduced and incorporated into class time.

Attire for class: Ballet slippers (pink preferred). Any dance attire is fine, hair should be off the face.

Musical Theatre Dance Levels 1-3

So you want to be on Broadway? This class is your first step to becoming a triple threat performer. Musical theatre dance class brings the exciting world of Broadway to life. Learn the latest moves and choreography. Broadway scores and popular music are used to teach stage movement and dance styles as we work on actual dance numbers from shows. Learn audition techniques and a variety of repertoire in this fast paced Broadway style dance class.

Required Attire: Jazz shoes (black preferred) and dance attire should be worn, such as leotards, tights, dance shorts etc. Boys- Black bike or basketball shorts, t-shirt or tank (*no jeans, leggings, t-shirts over leotards, long skirts or street clothes*). Hair should be pulled off the face.

Musical Theatre Performance Technique Vocals*Dance*Acting

This fun, engaging, high-energy class will help you develop the skills you need to become a triple threat. Focusing on all the aspects of musical theatre, students will hone their vocal, acting, and dance technique. This class allows students to grow in a process-focused environment.

Topics include: audition technique, performing as a soloist, performing as an ensemble, monologue and scene work, dance technique, dance repertoire, characterization, improvisation, and more.

Required Attire: Jazz shoes (black preferred) or sneakers and comfortable clothes you can move in like sweats, leggings or dance attire should be worn. (*no jeans, skirts or street clothes*). Hair should be pulled off the face.

Ballet 1-5/Pointe

Our classes range from Beginner Level 1 to the more advanced Level 4. They cover the fundamentals and more advanced levels of classical ballet technique. It is a more formal setting that will give students the discipline to mature as dancers. The importance of strength, flexibility, rhythm, musicality, focus and memorization will be stressed. Performance technique will be taught. Your child will develop a sense of classroom behavior and manners as well as confidence, grace, and poise while having fun. * Level 2, 3, 4 and 5 classes are by teacher placement only. Once placed in Level 2 and above, students are encouraged to take more than one class per week in ballet or other styles*

Required Attire for Level 1: Pink leotard, pink tights, and pink ballet slippers. Hair should be pulled off the face in a bun. A headband for shorter hair is fine, to pull hair out of the face.

Required Attire for Level 2: Blue leotard, pink tights, and pink ballet slippers. Hair should be pulled off the face in a bun. A headband for shorter hair is fine, to pull hair out of the face.

Required Attire for Level 3/Pre Pointe: Red or black leotard, pink tights, and pink ballet slippers. Hair should be pulled back in a bun. A headband for shorter hair is fine, to pull hair out of the face.

Required Attire for Level 4/5/Pointe: Purple or black leotard, pink tights, and pink ballet slippers. Hair should be pulled back in a bun. A headband for shorter hair is fine, to pull hair out of the face. **Note: *For all class levels, students may wear a dance skirt or tight fitting dance shorts to wear over their leotard and tights (no jeans, leggings, t-shirts over leotards, long skirts or street clothes).***

Tap

The rhythm and movement of tap, created by the metal taps on the heels and toes of a dancer's shoes, transforms the dancer into a percussive musician. Tap dance emphasizes the flow of movement by teaching the dancer to find rhythms and beats not only in music but in their own bodies.

Required Attire: Tap shoes (black preferred) and dance attire should be worn, such as leotards, tights, dance shorts etc. Boys- Black bike or basketball shorts, t-shirt or tank (***no jeans, leggings, t-shirts over leotards, long skirts or street clothes***). Hair should be pulled off the face.

Jazz

Jazz-Jazz is a dance form that appeals to everyone because of its energy, variety and vitality. It is a form that is inspired by swing, blues, pop, soul, and funk. Jazz is sharp and fluid movements to create a visually technical dance and style. It is usually done to popular music. Body isolations, stretching, turning, leaping, and technical steps are taught in this class.

Acro Jazz-Acro Jazz is a blend of dance, acrobatics and gymnastics. Acro-Jazz is the fusion of dance technique and the precision and athleticism of acrobatic elements.

Required Attire: Jazz shoes (black preferred) and dance attire should be worn, such as leotards, tights, dance shorts etc. Boys- Black bike or basketball shorts, t-shirt or tank (***no jeans, leggings, t-shirts over leotards, long skirts or street clothes***). Hair should be pulled off the face.

Lyrical/Contemporary/Modern

Lyrical-Lyrical is a relatively new style of dance that grew from a combination of ballet and jazz technique. Rather than deriving from a base in rhythmic dancing, lyrical dance helps dancers to interpret the lyrics of a song and convey emotion through dance. It is a beautiful and freeing style, especially for those who enjoy the beautiful, flowing movements of ballet, but also enjoy the modern and sharp music and movement of jazz dance.

Contemporary-Contemporary dance is a style of expressive dance that combines elements of several dance genres including modern, jazz, lyrical and classical ballet.

Modern - a style of free and expressive theatrical dancing not bound by the classical rules of ballet

Required Attire: Ballet slippers (pink preferred), half-sole dance shoes or “Foot Undeez” (in skin color) and dance attire should be worn, such as leotards, tights, dance shorts etc. Boys- Black bike or basketball shorts, t-shirt or tank (***no jeans, leggings, t-shirts over leotards, long skirts or street clothes***). Hair should be pulled off the face.

Hip Hop

Hip Hop -This class will consist of the fundamentals of hip-hop, including; breakin', popping, grooves, and choreography. Strength in the dancers’ arms and core are very important for floor work and will be focused on in this class.

Required Attire: Sneakers and comfortable clothes you can move in like sweats, leggings or dance attire should be worn. (***no jeans, skirts or street clothes***). Hair should be pulled off the face.

Choreography Skills

Choreography Skills -Learn choreography and routines across dance styles. Focuses on performance skills and building technique. Helps actors and dancers to improve their ability to pick up and create choreography.

Required Attire: Shoes (variety of Dance Shoes) and dance attire should be worn, such as leotards, tights, dance shorts etc. Boys- Black bike or basketball shorts, t-shirt or tank (***no jeans, leggings, t-shirts over leotards, long skirts or street clothes***). Hair should be pulled off the face.